

# Childcare Menu Week 2 - Week Commencing: 14.07.25

\*Low in Sodium & Refined Sugars

\*Nut Aware

\*Locally Sourced Produce

MORNING TEA

LUNCH

TEA

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FTERNO

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# MONDAY

## TUESDAY

#### WEDNESDAY

## THURSDAY

## FRIDAY



PEAR, CHEESE, CORN THINS & VEGGIE STICKS



MELON & KIWI W/
BLUEBERRY ORGANIC
YOGHURT & OATS



SPINACH & CHEESE DIP W/ TORTILLA & CRUDITES



TROPICAL FRUIT PLATTER
W/ ORGANIC MILK



BANANA & WATERMELON W/RASPBERRY ORGANIC YOGHURT



CHICKEN & SWEET CORN SOUP W/ GARLIC BREAD



WHOLEMEAL TUNA PASTA
BAKE
WHOLEMEAL CHICKEN
PASTA BAKE
W/ BROCCOLI



SPAGHETTI MEATBALLS W/ CHEDDAR CHEESE



MEAN GREEN MAC & CHEESE

W/ CARROT BATONS



BEEF STROGANOFF W/ BROWN RICE & ZUCCHINI



CHEESY TOMATO PINWHEEL W/ APPLE



MEXICAN BEAN NACHOS / MEXICAN BEAN BURRITO



STICKY DATE PUDDING
W/ ORANGES



BEEF & KALE SAUSAGE ROLLS



CHEESE& VITA WEATS
W/ TOMATO